



# *The HIV Epidemic*

# and New Hampshire Students

## What is the problem?

The 2005 Youth Risk Behavior Survey indicates that among New Hampshire high school students:

### Sexual Risk Behaviors

- 43% ever had sexual intercourse.
- 3% had first sexual intercourse before age 13 years.
- 9% had sexual intercourse with  $\geq 4$  people.
- 33% had sexual intercourse during the past three months.
- 35% did not use a condom during last sexual intercourse. (1)
- 19% drank alcohol or used drugs before last sexual intercourse. (1)

## What are the solutions?

Better health education • Healthier school environments

## What is the status?

The 2004 School Health Profiles indicates that among New Hampshire middle/junior and senior high schools:

### Health Education

- Among schools that required health education, 50% required students to take two or more health education courses.
- 49% taught all 10 critical HIV prevention topics in a required health education course.
- 96% taught abstinence as the most effective method to avoid HIV infection.
- 96% taught how HIV is transmitted.
- 58% taught how to correctly use a condom.
- 81% taught how to find valid information or services related to HIV or HIV testing.
- 43% had a lead health education teacher who received staff development on HIV prevention during the past two years.

### School Environment

- 84% had a written policy that protects the rights of students or staff with HIV infection or AIDS.

Among schools that had a written policy:

- 99% of the policies addressed procedures to protect HIV-infected students and staff from discrimination.
- 99% of the policies addressed maintenance of confidentiality for HIV-infected students and staff.
- 86% of the policies addressed adequate training for school staff about HIV infection.

1. Among students who had sexual intercourse during the past three months.

Where can I get more information? Visit [www.cdc.gov/healthyyouth](http://www.cdc.gov/healthyyouth) or call 800-CDC-INFO (800-232-4636).



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